

Monday – September 14, 2026

Sausage and Pierogi Dinner

Fried Italian sausage link, potato and cheddar perogies served with sour cream and sautéed onions.

Tuesday – September 15, 2026

Chicken Chow-mein

A delicious medley of veggies, morsels of chicken over a bed chow mein noodles and Zest's stir-fry sauce.

Wednesday – September 16, 2026

Beef Bulgogi Bowl

Korean style marinated grilled beef served with veggies over a bed of rice and topped with a fried egg.

Thursday – September 17, 2026

Beer Battered Fish and Chips

Basa fillets hand breaded in a light and crispy batter and individually deep fried. Served with crispy French Fries and tartar sauce (you may substitute salad for the fries).

Friday – September 18, 2026

Crispy Chicken Caesar Wrap

Breaded Chicken Strips, Parmesan Cheese, Romaine Lettuce, Caesar Dressing in a flour Tortilla wrap served with your choice of side salad or fries.

**ZEST LUNCH FEATURE
\$12.75**



Come Early!

**We only make a limited
number of specials
each day!**

Store Hours:

**7:00 A.M. – 3:30 P.M.
(Monday – Friday)**

Address:

**625 25th Avenue S.E.
Calgary, Ab**

Call us at:

403-268-8900

Visit our website at:

www.zestmarket.ca

